



KALEIDOSCOPE
wellness

DO YOU WANT ENERGY, VITALITY AND TRANSFORMATION?



WHAT DO YOU TRULY DESIRE IN LIFE?

- create energy
- achieve balance
- look forward to each new day
- learn to choose, cook and eat healthy foods
- maintain supportive relationships
- develop confidence
- motivate yourself to exercise
- lose extra weight
- live stress-free
- balance your hormones naturally

I'm Antoinette, a holistic health & wellness practitioner. I'm passionate about your Health and Wellness. I want to help you discover how to live a full & healthy life.

Let's have a conversation about what will truly help you achieve your desires. I have a terrific offer for you:

This gift certificate entitles the holder to a

Complimentary 30-minute Discovery Phone Session

with professional coach Antoinette Bodeau

expires: June 30, 2015

Please share this gift of self-discovery with your friends and family!

Call or email me today to schedule your session.

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*"Your heart
knows the truth
and your soul
knows the
answer."*